

Care Quality Commission Inspection Report June 2017

Overall the practice got GOOD and was found to be Outstanding for Services Responsive to Peoples Needs.

The Full incase report can be found on the practice website and on notice boards in both surgeries



Medical Equipment

For people wishing to return equipment which is of no further use, such as various aids (walking frames, sticks etc.) to place a sticker on the item giving the name and post code of the patient and drop them into Poringland surgery as Mary has a designated room for their storage.

Staff Changes

Tatsiana Sesay has recently joined the staff as an apprentice Receptionist.
We wish her well



Help Hub

Social prescribing is an opportunity to have a face to face chat with someone about your life and any concerns you wish to deal with.

It can help with many different problems and situations such as if you are feeling isolated, have recently lost a loved one, you have money worries or you want to learn a new skill.

A community connector meets with you and identifies the support you need, putting you in touch with the right people and organisations.

Social prescribing is available by appointment at Old Mill Surgery every Monday between 2pm and 5pm. For more information about the Help Hub please phone the surgery 01508492929

Your GP, nurse or healthcare professional can refer you to the Social Prescribing service.”

HEARTBEAT

Old Mill & Millgates Medical Practice

Patient Participation Group Newsletter

Edition 22

August 2017

Old Mill Surgery Poringland

01508 492929



Millgates Surgery Hempnall

01508 499333

Patient Participation Group Members

Ray Hollands

Chairman

Jeanette Armstrong

Secretary

Elaine Bounds

Minute Secretary

Grace Cheese

Treasurer

Contact: oldmillppg@gmail.com



Next Meeting of the PPG

Wednesday 13th September 2017 at Old Mill Surgery Poringland

All Patients of the Practice are welcome to attend



Flu Clinic Dates 2017

Please Support your surgery by having your vaccination here

SATURDAY 30th September 8-12 Old Mill Surgery Poringland

SATURDAY 14th OCTOBER 8-12 Old Mill Surgery Poringland

SATURDAY 7th OCTOBER - 8-12 Hempnall Village Hall

Please be aware the flu clinics are held only for those in the "At Risk" category. To see if you are eligible and to book an appointment please phone either Poringland reception on 01508 492929, or Hempnall reception on 01508 499333

Old Mill & Millgates Patient Participation Group

Will be selling **Handmade Greeting and Christmas Cards** at the Poringland Flu Clinics on 30th September and 14th October.

The money raised will enable the PPG to continue holding their very successful Open Evenings, the next one on Strokes is

Wednesday 25th October 7.30pm at the Community Centre Poringland



Books for Sale in the waiting room.

Book sales continue to go well at both surgeries and up till 12th June 2017 £450 has been donated to the EACH NOOK appeal.

Thank you to everyone who has donated or bought books the money is much appreciated. Good quality books still needed.

STROKES INFORMATION EVENING

Organised by

Old Mill & Millgates Medical Practice Patient Participation Group

On

Wednesday 25th October 2017 7.30pm

At

Poringland Community Centre, Overtons Way, Poringland, Norwich, NR14 7WB

Come along and learn from the Stroke specialist speakers & chat to them at the end of the evening

Symptoms of a Stroke

The main symptoms of stroke can be remembered with the word **F.A.S.T.:**

Face – the face may have dropped on one side, the person may not be able to smile, or their mouth or eye may have dropped.

Arms – the person with suspected stroke may not be able to lift both arms and keep them there because of weakness or numbness in one arm.

Speech – their speech may be slurred or garbled, or the person may not be able to talk at all despite appearing to be awake.

Time – it's time to dial 999 immediately if you see any of these signs or symptoms.

RAFFLE & REFRESHMENTS

For more information please contact Old Mill & Millgates Medical Practice 01508 492929 Or email Jeanette Armstrong oldmillppg@gmail.com

You do not have to be a patient of the practice all are welcome to attend