



Staff Changes

Ian Jeynes has joined us as the Practice Paramedic. Ian, a very experienced Paramedic, can see acute minor illness and completes home visits for us.

Dr Ellie Cramer will be leaving the practice on 6th April in order to undertake her long term ambition to provide health care for the homeless and disadvantaged. She will be greatly missed by patients and staff.

Dr Alex Prentice will be joining us in February and Dr Judith O'Shea in April to cover the sessions lost by Dr Cramer leaving and more.



BOOK SALES

Book Sales continue to go well but more clean books are needed . In 2017 a donation of £1043 was made to St Georges Dementia Support Group, Stoke Holy Cross.

HEARTBEAT

Edition 24

March 2018

Old Mill Surgery Poringland

Millgates Surgery Hempnall

01508 492929

01508 499333



Patient Participation Group Members

Ray Hollands

Chairman

Jeanette Armstrong

Secretary

Denise Wright

Minute Secretary

Grace Cheese

Treasurer

Next Meeting of the PPG

Wednesday 28th February 2018 7.30pm

at Old Mill Surgery Poringland



PPG Contact: oldmillppg@gmail.com.

All Patients of the Practice are welcome to attend



In January Ten members of the PPG enjoyed a post Christmas lunch at the Railway Tavern Framingham Earl

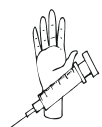
Help Hub

Social prescribing is an opportunity to have a face to face chat with someone about your life and any concerns you wish to deal with.

It can help with many different problems and situations such as if you are feeling isolated, have recently lost a loved one, you have money worries or you want to learn a new skill.

A community connector meets with you and identifies the support you need, putting you in touch with the right people and organisations.

Social prescribing is available by appointment at Old Mill Surgery every Monday between 2pm and 5pm. For more information about the Help Hub please phone the surgery 01508492929



Routine Blood Tests

Message from Elizabeth the Phlebotomist

If you are feeling ill near the time you are due to have routine bloods taken it is advisable to call in to re-book the appointment. We find that results do not always give a clear picture if there is infection present, also, it is wise to stay at home when you are infectious if at all possible.

Refurbishment - One day closure of Millgates Surgery- HEMPNALL

Millgates surgery is to be closed between 1300hrs on Thursday 8th March and 0800 on Monday 12th March for waiting room refurbishment. This closure also includes the dispensary. Old Mill Surgery at Poringland will remain open during these times.

Please ensure that you order and collect your medication in advance.

We apologise for any inconvenience caused.